HOME ORAL HYGIENE THAT FITS THE PATIENT

	Build a consistent routine: same time, same location, same cues
	Simplify the routine: electric brush, floss picks, single-step products
	Pair verbal instructions with visual aids: checklist, chart, picture
	Match caregiver involvement to what is needed: supervision, hand-over-hand, full assistance

Reassess home care when:

- When a patient or caregiver reports frustration, inconsistency, or skipped steps in home care
- When a patient's cognitive, physical, or functional abilities have changed since the last visit
- When standard hygiene instructions have not led to improved home care



Home care that fits the patient is home care that actually happens!