MAKING A VISIT MORE COMFORTABLE

Before a Visit	During a Visit
Schedule appointments at a time when clinic is less crowded	Reduce unnecessary noise, clutter, and distractions
Use the same treatment area and care team to reduce agitation and improve cooperation	Follow **Tell-Show-Do**: describe each step before you do it
Confirm transportation/timing and loop in caregiver if involved	Check comfort throughout visit; build in breaks and gently support jaw closure when needed
Ensure wheelchair access, comfortable seating, and clear signage with readable fonts	Use visual cues (written instructions, signs, pictures, etc.) to support understanding

Pay extra attention to comfort:

- At intake/scheduling, if patient or caregiver mentions a prior difficult visit
- When you notice signs of anxiety, fatigue, or agitation at any point before or during the appointment
- When planning for a visit with known physical or sensory needs



A more comfortable visit is a visit patients are willing to come back for!