

WHAT MATTERS FOR OLDER ADULTS?

Conversation Starters

What is most important to you about your oral health?

What concerns you most about dental treatment?

What would you like to be able to eat or do? What is getting in the way?

What are you willing (or not willing) to do to maintain your oral health?

What support do you have at home?

When to focus on “what matters”:

- During new patient visits and during comprehensive treatment planning
- When a care plan is being revisited after a change in health, cognition, or function
- At any point when clinical recommendations and patient preferences are not in alignment



Patients are more likely to follow through on a plan that is built on their actual goals!

