

Parkinson's Disease Resources for Community Health Centers

Parkinson's disease (PD) is complex, but the [Parkinson's Foundation](#) is here to help. Community health centers, especially those serving older adults, have the opportunity to positively impact the lives of people living with PD and those who care for them.

Did you know?

- One million people in the U.S. are living with Parkinson's, a neurodegenerative disorder, and another 80-90,000 are diagnosed each year.
- People are typically diagnosed with PD in their 60s and, with the aging U.S. population, the number of Americans with PD is expected to rise significantly by the year 2030.
- Almost 30% of people with PD receive their Parkinson's care from a primary care physician.¹

There is no cure for Parkinson's, but treatment can improve quality of life. People with Parkinson's can avoid unnecessary complications by learning about the disease and planning ahead for challenges. The Parkinson's Foundation offers an extensive collection of books, fact sheets, videos, webinars, podcasts, and ways to connect in English and in Spanish.

Essential Parkinson's Information

Understanding the fundamentals of PD is critical for people living with Parkinson's and the professionals who care for them. For an introduction to Parkinson's, start here:

- [About Parkinson's Disease](#)
- [10 Early Signs](#)
- [Frequently Asked Questions](#)

Helpline

- [Parkinson.org/Helpline](#)
Helpline information specialists can answer Parkinson's questions from health professionals, people with PD and family members. Call **1-800-4PD-INFO (1-800-473-4636)** or email Helpline@Parkinson.org to ask your PD questions in English or Spanish, find a referral or **order resources in bulk at no cost.**

For Professionals

The Parkinson's Foundation offers resources to support health professionals, including nurses, social workers and physical therapists. Explore practical [tools for professionals](#) like trainings and continuing education courses, digital publications and fact sheets, webinars and more.

1. 2019 Medicare Claims Analysis, Fee for Service and Medicare Advantage

For People with Parkinson's and Care Partners: [Parkinson.org/Resources](https://www.parkinson.org/Resources)

- [Fact Sheets and Books](#)

Explore an extensive library of resources on topics like medication, mood, and sleep. All resources are available for order or download at no cost.

- [Online Education](#)

People living with or caring for someone with Parkinson's can watch videos and webinars, listen to podcast episodes, or sign-up for a free online course to start learning.

- [Care Partner Resources](#)

This suite of resources is specifically tailored to the diverse needs of care partners (including family and informal caregivers) as they navigate the challenges of supporting a loved one with a progressive disease. From diagnosis to advanced stage PD, the Parkinson's Foundation is here to help.

Preparedness and Support

- [Newly Diagnosed Kits](#)

Designed to help people newly diagnosed with PD, this kit includes a fact sheet, five steps to living well with PD, and key questions to ask one's doctor. Professionals can use this kit to help community members prepare for next steps following a diagnosis.

- [Hospital Care Kits](#)

Did you know that three out of four people with PD will not receive medication on time when staying in the hospital? This kit provides individuals with tools and information about safety, so they are prepared now for possible hospital stays in the future.

Español

- [Recursos en Español](#)

Resources are also available in Spanish, including a YouTube channel, podcast, books and fact sheets, blog and more.

To learn more about Parkinson's disease, visit [Parkinson.org](https://www.parkinson.org).

To find your local Parkinson's Foundation chapter, visit [Parkinson.org/InYourArea](https://www.parkinson.org/InYourArea).

Local chapter staff can provide in-person trainings and events, and connect you to resources and services in your area.



The [Parkinson's Foundation](https://www.parkinson.org) partnered with the [National Center for Equitable Care for Elders](https://www.ncece.org), a HRSA-funded training and technical assistance Center, to ensure that community health centers across the U.S. have access to the most up to date information and resources about Parkinson's disease.